

## BRIDGING THE GAP

### NIAGARA NORTH DISTRICT 12 NIAGARA SOUTH DISTRICT 13

#### WHAT DOES A TEMPORARY CONTACT PERSON DO ?

1. Makes every effort to take the Newcomer to a meeting the day they are released.
2. Takes the Newcomer to a variety of meetings, introducing him/her to other AA members, especially to those who have similar backgrounds or interests.
3. This is a suggested 2 week commitment.
4. Do not mention they have just been released from any type of facility (Treatment or Corrections).
5. Familiarize the Newcomer with the AA books, pamphlets, schedule of meetings, Intergroup etc.
6. Explain the importance of the home group and how they work.
7. Explain sponsorship to the Newcomer and how important a sponsor is. Provide them with a copy of the Sponsorship pamphlet.
8. It is strongly suggested that a Temporary Contact Person have a minimum 1 year of sobriety.
9. Be on time for whatever commitment you have made with the Newcomer.
10. Explain what AA does, the Twelve Step program of recovery and also explain what AA does not do.
11. Avoid becoming a long term taxi service.
12. If a group goes out for coffee after the meeting, ask the Newcomer if he/she would like to join the "meeting after the meeting".
13. Try not to push your Newcomer, some people are very shy.
14. Use your own sense of what is happening to your Newcomers recovery to decide how many meetings you take him/her to.
15. REMEMBER you are not responsible for the Newcomers attitude or actions in or out of meetings.

#### ALWAYS REMEMBER YOUR OWN SAFTEY