

Wednesday Night Men's Discussion Group

The beginnings of the Wednesday Night Men's Discussion Group began when a group of men led by Dr. Cliff H travelled to the Dog House Group each week.

However, weather conditions were not always conducive to traveling. As a result it was decided by the same small group of men to meet in St. Catharines

At first, they met in the office of Dave F in the building situated behind the Hotel Dieu Hospital. The group grew in numbers and through the generosity of the administrative staff; they were allowed to hold their meetings in the solarium of the hospital.

The need for more space became apparent due to the growing size of the group and again the hospital generously allowed the men to meet in the board room on the 6th floor of the hospital, where it still meets to this day.

The group became a registered group in New York on June 6th, 1978 under the name "The Wednesday Night Men's Discussion Group".

Due to the large numbers of men attending the meeting, the group decided to divide into three smaller separate meetings, to be attended as each person so decided.

The Board room was used to discuss each step in sequential order each week. The room in front of the elevators was used for those who wished to discuss any or all of the first three steps, and/or a topic relating to the AA program.

The Detox Center for men and women is also located on the hospital grounds. The men in the Detox Center are required to come to the Wednesday night meeting as part of their recovery. Also, over the years several members of the group have given back to the Detox Center by volunteering their time to chair A.A information meetings.

Currently, due to the number of people in Detox and newcomers, the kitchen is being used as a step room and the Board Room is being used for new or relatively new people.

It is group conscious that should a Lady or Ladies come to our meeting thinking it to be an Open Meeting of AA, the room that they choose to participate in will become an Open Meeting and they are welcome to stay.

May, 2011